

Houston ISD			
School Health Advisory Council (SHAC) Meeting Minutes			
Location:	Virtual Meeting – Microsoft Teams		
Date:	March 2, 2023		
Time:	5:30PM – 7:30 PM		
Attendance:	Parents	Community	District
	Rosangella Espinoza Beverly Marlin Mindy Wilson	Precious Anunobi Alexis Cole Kayla Ferris Layla Haidar Kim Lopez Treva Mott Anne Van Horn Bolanle Ositelu	Truest Bradley Paula Ceaser Felicia Ceaser-White Nan Cramer Cara Grossman Chantee Hale Olga Hernandez Francina Hollingsworth Bea Marquez Delia Thibodeaux Gregory Thompson
Meeting Call to Order	Time: 5:35 pm	By Whom: Felicia Ceaser-White	

**Call to Order:** Felicia called the meeting to order and started meeting recording. She asked members to refrain from using jargon and acronyms while speaking and to turn on their cameras when presenting. The meeting is open to the public. Member introduced themselves.

**February Minutes:** The minutes from the February meeting were displayed and a motion was made to approve the minutes by Kim Lopez. Francina Hollingsworth seconded the motion.

**School Safety Update:** No member of the HISD police or HPD were on the call to present.

**Textbook Recommendation Update:** Felicia thanked everyone who helped review the health textbook companion resources. She submitted a board agenda item for approving them. Quaver Health is the publisher for Elementary Schools and Goodheart-Wilcox Texas Health Skills for Middle and Goodheart-Wilcox Texas Health Skills for High school Companion text.

**Social Media Update:** Felicia shared the new logo design and asked members to vote in the chat if they approved it. The new logo was approved and will be included on new tablecloths, retractable banner, and literature/pamphlets. Information is continuing to be posted on social media sites – Facebook and Twitter.

**Nutrition Services Update:** Nan Cramer reported that the USDA Food and Nutrition Service (FNS) has proposed new rules for the school meal nutrition standards. The proposed standards are in a public comment period until April 10. The proposed changes are based on the 2020 Dietary Guidelines and changes to the rule include: Limits on sugar, elimination of flavored milk in kindergarten through eighth grade, 100% whole grain-rich grains, gradual reductions of sodium over the next 6 years. The standards can be reviewed at <https://www.fns.usda.gov/cn/school-meal-standards-2023-proposed-rule-stakeholder-briefing>. The Food and Agriculture program will have an innovation table at tomorrow's State of the Schools luncheon.

Nan asked the committee to convene a meeting to discuss the wellness policy and plan which is required every year. The plan can be revised as needed so it needs to be reviewed and update. Felicia said she would set up a Google Doc to have people sign up for committees to review the plan and then we can convene a meeting over Teams.

**Health and Medical Services Update:** Chantee Hale, Director of Health, and Medical Services, reported that starting on Monday, March 5th, 77 schools will start telehealth services for students. The service will include physical health checks like urgent care visits from 7 am to 5 pm. Mental health visits can be scheduled for 7 am to 7 pm. The telehealth services would be at no cost to HISD families. They have restarted the asthma program through the Environmental Mobile Unit which will visit eleven campuses: Marshall MS, Pugh ES, Reynolds ES, Sherman ES, Shadydale ES, Wesley ES, Garden Villas ES, R Martinez ES and C Martinez ES. Through Project Saving Smiles, 1,300 students have received dental services.

The district has also provided about three hundred glasses to students. Texas Connections Academy, a virtual school, is having a health fair on Saturday, March 3 at 10550 Richmond Ave. Health and Medical Services is continuing their immunization partnership with the University of Texas and the Health Department. There is new proposed legislation that would allow emergency inhalers to

be kept in the nurse's office.

**Social and Emotional Learning (SEL) Update:** Bea Marquez reported that they are in the process of hiring a new director. International SEL Day is on March 10. Sandy Hook See Something Say Something week is March 20 to 24 and many activities are planned for the SEL online platform of Rethink ED. Currently SEL has 141 liaisons on campuses. SEL participated in the Wrap Around event on Monday.

**Equity and Outreach/Family and Community Engagement Update:** Olga Hernandez reported that the Parent Expo last month was a remarkable success and the over 400 participants attended. Parents were extremely interested in fundraising so on March 22, there will be a podcast on fundraising.

**Employee Wellness Update:** Felicia reported that the wellness committee is doing wellness events at campuses and with the transportation department. They are providing yoga classes between the routes.

**Health and Physical Education Update:** Francina Hollingsworth reported that Milby HS celebrated Orange Day Out to bring awareness to teen dating violence which is part of the student-led campaign.

Eighty schools are participating in the Center for Disease Control (CDC)'s 2023 Youth Risk Behavior Survey (YRBS) and it will continue through March at the secondary campuses.

On February 20, Health and Physical Education had a winter conference which had three tracks: secondary physical education, elementary physical education, and secondary health education.

Centers for Disease Control – Division of Adolescent School Health (CDC-DASH) conducted their site visit to review grant initiatives. CDC-DASH Project Consultant and Program Manager visited three campuses during their visit.

The Book Study group continues through a Twitter Chat about the book "When are We Going to Teach Health" and they will have a virtual meeting with the author of the book on April 24<sup>th</sup>.

Monthly "Just in Time" professional development sessions are focusing on things like visual communication and adult wellness circles.

Students from Piney Point ES, Helms ES, Kate Bell ES and Love ES participated in the First Tee Golf Scramble. Winners will move to a city-wide competition in April.

**Announcements:** Beverly Marlin share that Riverside Methodist Church is having a Health Fair on Saturday.

The meeting adjourned at 6:28 pm by a motion from Kim Lopez and was seconded by Beverly Marlin.